

## *quail casserole*

8 to 12 quail  
1 tin of peeled tomatoes  
3 carrots  
2 potatoes  
3 sticks of celery  
1 heaped teaspoon of brown sugar  
a generous glass of La Zona Barbera 2005  
salt and pepper to taste

Slice carrots, potatoes and onions into cubes. Place into a casserole pot: quail, vegetables, tomatoes (with juice) and red wine. Add salt and pepper and brown sugar. Cook in low to moderate oven for 2 to 3 hours or until meat falls off the bone.

**PAIR WITH** *Chrismont La Zona Barbera 2005*

*Chrismont*

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